ARE THERE BIOLOGICAL DIFFERENCES BETWEEN RACES? NO!

LET'S DEBUNK THIS HARMFUL MYTH!



Race is a HUMAN MADE social construct

Individual humans share 99.9% of their genetic code with one another.

There is more genetic variation amongst INDIVIDUALS than there is amongst RACIAL GROUPS.



Why were racial categories created?

Separating humans into a hierarchy based on race allowed the elite to maintain power and control over labor. This fueled the growing system of slavery and prevented uprisings against the wealthy.

So... Is Race Even Real?

Racial categories are a social construct and not based in biology or genetics. However, the impact of these racial categories and stereotypes is very real and harmful.



How is the idea that "Race is Biological" harmful?

The myth that race is biological is deadly. In the US the maternal death rate for Black women is 2.6 times higher than the rate for white women. This is largely due to the stereotype that Black people can tolerate more pain, which, according to a study, a significant number of white medical students and residents still believe.



The myth that race is biological perpetuates the idea that racial groups as a whole display certain characteristics. This idea was weaponized in order to rationalize horrific historical events such as slavery and the Holocaust. Harmful stereotypes like "Black people are lazy" or "Jews are greedy" was used to justify the violence enacted upon these communities.

For more information on this issue please visit:

- 1.Gaffney, Karen. Dismantling the Racism Machine: A Manual and Toolbox. Routledge, 2018.
- 2. Hoffman, Kelly M, et al. "Racial Bias in Pain Assessment and Treatment Recommendations, and False Beliefs about Biological Differences between Blacks and Whites." Proceedings of the National Academy of Sciences of the United States of America, U.S. National Library of Medicine, 19 Apr. 2016, www.ncbi.nlm.nih.gov/pmc/articles/PMC4843483/.
- 3. Simmons-Duffin, Selena, and Carmel Wroth. "Maternal Deaths in the U.S. Spiked in 2021, CDC Reports." NPR, NPR, 16 Mar. 2023, www.npr.org/sections/health-shots/2023/03/16/1163786037/maternal-deaths-in-the-u-s-spiked-in-2021-cdc-reports.